

**ROLL.NO.**

**OPJS UNIVERSITY ,CHURU,RAJASTHAN  
BACHELOR IN PHYSICAL EDUCATION I  
II SEM  
EXAMINATION  
PAPER CODE-201**

**Paper -1**

**Subject - YOGA EDUCATION**

**Attempt any five question all carry equal marks.**

1. What is due importance of yoga in modern .  
योगकाजोमहत्वहैवहआधुनिकहै।
2. What are due aim and objective of yoga.  
2. योगकेनियतउद्देश्यऔरउद्देश्यक्याहैं।
3. Enlist paralanguage its importance and role for human body.  
3. मानवशरीरकेलिएपैरालैंग्वेजकेमहत्वऔरभूमिकाकोसूचीबद्धकरें।
4. Enlist karmas yoga jams hath yoga in detail. Write their importance.  
4. कर्मयोगजामहठयोगकोविस्तारसेसूचीबद्धकरें।वहाँव्यापकमहत्व।
5. What is aims its importance for daily life.  
5. लक्ष्यक्याहैदैनिकजीवनकेलिएइसकामहत्व।
6. Enlist any five correction asana with their benefit.  
6. किन्हींपांचसुधारआसनोकोउनकेलाभसहितसूचीबद्धकरें।
7. Enlist in detail brindles mantras with methods and advantages.  
7. विधियोंऔरलाभोकेसाथमंत्रोकोविस्तारसेसूचीबद्धकरें।
8. What is due history of yoga.  
8. योगकानियतइतिहासक्याहै।
9. What is "punch fatwa"  
10. "पंचफतवा" क्याह
11. Define dint rigs.  
10. डेंटरिगकोपरिभाषितकरें।